



WEEKLY ANNOUNCEMENTS



Autumn 2022-Issue 95

Dear Parents and Carers,

Welcome to this week's newsletter- the weeks are flying by and we can't quite believe that the end of the half term next week, marks the halfway point in the school year!

This week has been as busy as ever- Year 2 and Year 5 enjoyed Internet Safety workshops, learning all about keeping themselves and their information safe online through traditional tales and drama activities. This week is also Children's Mental Health week and to raise awareness of this, classes have been working on activities to support their wellbeing. These are linked to the resources that were sent out to parents last week - please have a look at the link if you are interested

<https://www.childrensmentalhealthweek.org.uk/families/>
Please also see the information about Pause and the Lily-Jo Project below.

We are keen to raise the profile of these two important weeks in the school calendar next year so look out for a bigger focus and a greater range of activities in school this time next year.

As many of you will know, we are incredibly lucky at BVP to have such a fantastic library. All our children enjoy weekly visits where they can exchange their books and spend some time reading and soaking up the atmosphere. As you can imagine, keeping the library spick and span is quite a job so we are looking for volunteers who have a spare hour (or less!) during the week who could help keep the library really well organised. If you or someone you know think they might be able to help either during the day or after school, please get in touch (speak to any teacher on the playground, call the office or email via Head@...)

DATES FOR DIARIES

Wed 15 Feb	Governing Board Finance & Personnel
Thu 16 Feb	5GW BCMG Workshop
Fri 17 Feb	5M/5E BCMG Workshop
<i>Fri 17 Feb</i>	<i>Pupils Breakup for half term</i>
<i>Mon 27 Feb</i>	<i>Pupils Return to School for Spring Term 2</i>
Thu 2 Mar	World Book Day
Fri 3 Mar	Y6 Bletchley Park Trip
Wed 8 Mar	Parents' Evening
Thu 9 Mar	Parents' Evening
Fri 10 Mar	KS2 Guitar and Ukulele Concert - 2.15pm in George Hall
Wed 22 Mar	Governing Board Finance & Personnel
Fri 24 Mar	Y2 Easter Assembly – 2pm at St Francis Church
Thu 30 Mar	Full Governing Board
Fr 31 Mar	<i>Pupils Breakup for half term</i>
Tue 18 April	<i>Pupils Return to School for Summer Term 1</i>



Many of you will have been deeply saddened and moved by the news of the devastating earthquake in Turkey and Syria on Monday. We know many of our children are keen to support the rescue efforts and to be able to contribute to helping the survivors. We would like to ensure our children's views are heard and that as a school, we have a united approach. We will be gathering ideas next week and in next week's newsletter we will let you all know our plans. If you are already aware of anything happening in the wider Bournville community that we could contribute to, please do let us know by emailing Head@. Thankyou.

So, it's with the desperate situation in Turkey and Syria in mind that we wish you all a peaceful weekend- look after yourselves, perhaps give your loved ones a few extra hugs along the way and we look forward to seeing you all on Monday.

Mrs A Cooper

Head Teacher

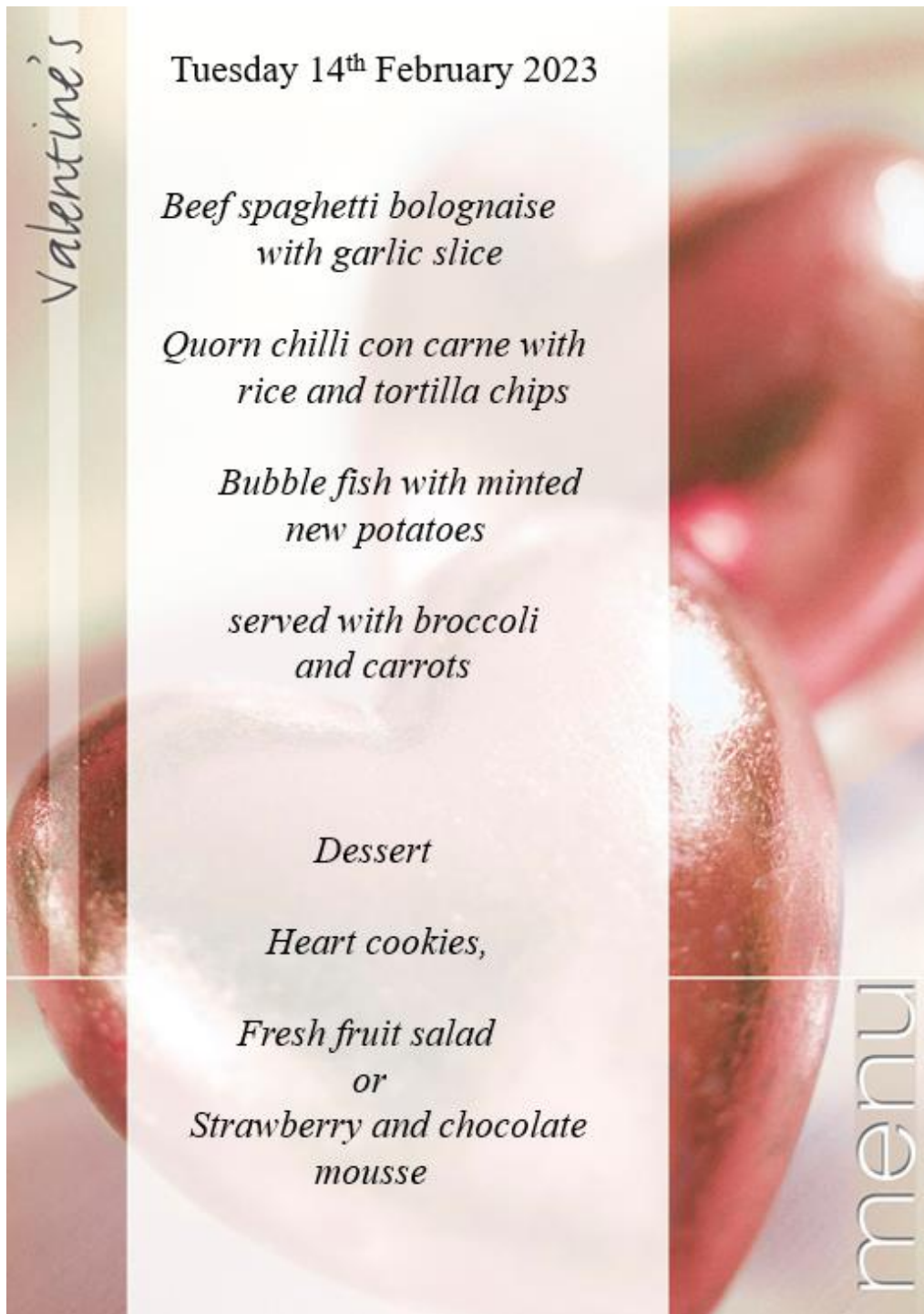
Safeguarding and promoting the welfare of children is the responsibility of everyone in our school and at all times we consider what is in our children's best interests. We work to ensure our children are safe and cared for and by doing this we are protecting their health and development and preventing them from harm. If we are worried, we will raise concerns, share information, and take prompt action with the aim of ensuring families receive the right help at the right time.

Safer Internet Day

On Tuesday, all year groups recognised Safer Internet Day by being encouraged to “talk about it” – they were invited to talk about their online experiences, whilst also exploring ways to stay safe online.

Valentine's Day Lunch Menu

If you would like your child to have a hot meal on Valentine's day, please pre-pay via your Parentpay account.





Today, teachers have awarded the Values certificate for demonstrating **collaboration** to the following children:

KS1

RR – Thomas K & Connor P
RGR – Aphra G & Frankie H
RS – Remi B

1T – Whole Class
1C – Sebastian G
1G – Milena F

2B – Dexter M
2S – Darcy S
2THP – Raiyan D

KS2

3C – Grace G
3B – Abigail D
3H – Nikaya S

4S – Whole Class
4A – Gloria C
4KS – Lydia D

5E – Kaelam P & Ben C
5GW – James F
5M – Delphine O-M

6O – Anna R
6C – Logan G-H & Rory S
6T – William M & Jay M



Music News

KS2 Guitar and Ukulele Concert - Friday March 10th

Parents of guitar and ukulele players in KS2 will receive a letter next week inviting them to the annual guitar and ukulele concert on Friday March 10th. The concert will start at 2.15pm in George Hall. Family and friends are most welcome to come and support our gifted musicians.

Percussion Ensemble Chamber Concert - Wednesday 29th March - Royal Birmingham Conservatoire

Letters of invitation have been sent out via Suzie Reid to our percussion ensemble players about this exciting opportunity. If your child is unable to attend, please let Ms Reid or Claire Vaughan know asap.

Music Lessons in School

Please remind your child to put their instruments in the music room on the day of their lesson and to collect it at the end of the day. We have a lot of instruments being left in the music room all week.

If your child struggling to practise at home in between lessons, remember even 5 minutes, 4 times a week will make a huge difference. We are happy to provide guidance if needed.

If your child wishes to **stop learning an instrument** in school, please email Mrs Vaughan **in writing by Friday 17th March** at the latest, as we have to give notice to amend our contract with the Music Service.

If your child is interested in **starting an instrument** (Year 3-6) or joining the school choir (Year 4-6) please email Mrs Vaughan music@bournvillevillageprimary.org.uk.

If your child is not in school on the day of the lesson but you feel they are well enough to receive an online lesson, please email their instrument teacher the night before. The teacher will send a link on Microsoft teams.

Our instrumental teachers are happy for parents to contact them directly about their child's progress and emails can be found on the school website under learning, curriculum, music tabs.

If you have any queries about paying for music lessons please email finance@bournvillevillageprimary.org.uk and music@bournvillevillageprimary.org.uk for any general music queries.



Children and families are invited to join us at some exciting events taking place across Birmingham during February 2023.

There are two opportunities to get involved in sessions via our '**Come and Try Bring It On Brum!**' February half-term activity sessions and **Bring it on Brum! Family Food Festivals**.

Come and Try Bring it on Brum! is aimed at children and young people in Birmingham aged 4-16 who are eligible for benefits-related free school meals. The activities are running in 20 venues across all 10 Birmingham districts from **Monday, 20 February to Friday, 24 February**. We are particularly excited to welcome children, young people and families that haven't accessed the fantastic Bring It On Brum! programme before.

The huge range of activities include sports and games, arts and crafts, cookery, dance and music as well as information and advice for the whole family. Programmes will vary depending on the type and location of each local club, but each will be serving a **FREE** nutritious lunch!

Bring it on Brum! Family Food Festivals are aimed at children aged 4-16 and their families who are eligible for benefits-related free school meals. The events are running in 14 locations across the Birmingham districts from **Saturday, 11 February to Sunday, 26 February** (with most taking place in half term week).

Each event will include a variety of practical demonstrations, workshops for children and adults to get involved in, plus information and advice on cooking for a family, low-cost meals and available support. The exact programme will vary depending on the venue and location of each session, but each will serve a **FREE** nutritious lunch PLUS all families registering in advance will receive a **FREE** cupboard essentials food box to take home (subject to availability).

We hope you will promote these great **FREE** opportunities so your children can have a real taste of Bring It On Brum! fun with their friends and will feel confident in joining our Bring It On Brum clubs during the spring, summer and winter holidays! A 'letter to parents' template and poster are attached to support your promotion.

To book a place at one of our sessions or to find out more about the Bring It On Brum! programme visit www.bringitonbrum.co.uk. **Bookings are open now! Please note that HAF codes are NOT required for these events.**

If you have any queries regarding these events, please don't hesitate to contact the Bring it on Brum! team at birminghamholidayactivities@streetgames.org

Hello from the Pause Team!

Need someone to talk to?

Struggling to cope with feelings?

Pause can help.

Visit **Pause** when we are open for drop-in to speak to an Emotional Health and Wellbeing Practitioner and access immediate support. We listen to you and help you find solutions.

There are no referrals or long waits - you choose when and how to use our service.

Who do we support?

Pause supports anyone under the age of 25 with a Birmingham GP via phone, video call or face to face sessions. If you are aged **14 or over**, you can come to drop-in by yourself – if you are **under 14** you will need to visit with a parent or carer.

If you are a parent or carer who needs advice about how you can best support your child, you can also drop-in for support.

A session at Pause can offer:

- A non-judgemental listening ear
- Self-help strategies and skills for managing difficult situations and feelings
- Details of other support services that can help

Each session lasts around 20-30 minutes and focuses on ways to move forward and feel better.

How do I access Pause?

To find out more and register, visit: <https://forwardthinkingbirmingham.nhs.uk/pause>

Or call our registration line 0207 841 4470 (please note local call charges do apply).

You can also register when you drop-in.

Drop-in sessions are available each week, please check our website!

If drop-in doesn't work for you, we have a limited number of booked appointments available. Request to have a phone or video session via our online form. Please be aware it may be a wait of over 1 month for a booked session.

Our service operates:

Monday, Wednesday, Thursday, Fridays - 10-6pm,

Tuesdays 12-8 and Saturdays 10-5,


We are closed Sundays & Bank Holidays.

Please check the website before coming to a drop-in session as in exceptional circumstances we may have to change drop-in times at the last minute.

Lily-Jo Project


In light of Children's Mental Health Week, an email was sent this week with a link to the mental health platform - The Lily-Jo Project. For those who missed it, here are a few links and key takeaways from the workshop:


 Recording available on [YouTube](#) - feel free to pass along!


 Watch *The Social Dilemma* on Netflix for insights on how social media algorithms work and how they impact us and our children.


 3 tips for helping children set positive boundaries with their mobile devices:

1. **Set clear, age-appropriate "device deadlines"** that work with your child's schedule - for example, turning phones off at 10pm.
2. **Create phone-free zones** in the house to encourage living in the "real world" - for example, at the dinner table or in bedrooms.
3. **Find offline time together** - be fully present with your child without any mobile devices, ask open-ended questions about their day, and make sure to listen!

 Self-Reflection Exercise: Make a list of all the ways you engage with technology. What times during the day do your children see you engaging with your devices? Analyse your own relationship with your device to better understand the message that you are sending to your child.

 Check out our blog article [Being Mentally Well Online: 7 Steps to a Healthy Media Diet](#) for further information and advice on digital well-being.

 Visit our dedicated [self-care resource](#) for webinars, downloadables, playlists, and articles to help you and your family maintain good mental health.

 More stories, insights, and tips can be found in my book, *Talking to Children About Mental Health* - available to purchase on [Amazon](#), [Waterstones](#), and [WHSmith](#).



ARE YOUR BILLS TOO HIGH?

IS YOUR HOME REALLY HARD TO HEAT?

You could be eligible for the
Home Upgrade Grant Scheme (HUGS)
up to £25,000

Available for home owners with electric heating

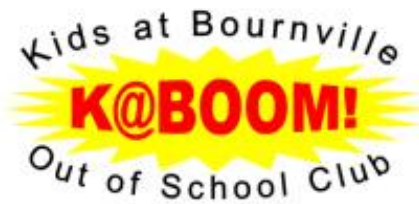
Don't miss out on how your home can benefit from:

External Wall Insulation
High Retention Storage Heaters
Double-glazing
External Doors
Loft Insulation
Solar PV
Cavity Wall Insulation
Air-source Heat Pumps



For further information call 0121 440 3500 or email info@mecctrust.com

93 COURT ROAD BALSALL HEATH
BIRMINGHAM B12 9LQ



Play Worker Wanted

for K@Boom Out-of-School Club
(up to) 16 hours per week

+ the option for extra hours in the school holidays

Job description, Person Specification and
Application Form available on request.

Please email David Lucas, K@Boom Manager:

david.lucas@stfranciscentre.co.uk



Multi-Sports Cubz

MONDAYS

DURING TERM TIME

18:15-19:15

YEAR 3-YEAR 6

**Kings Norton Boys' School
Northfield Road
B30 1DY**

FREE TRIAL SESSION ON 13.02.23

BOOK HERE:

BOOKWHEN.COM/LEARNACTIVECOACHINGCIC

**CONTACT MALACHI AT
HELLO@LEARNACTIVECOACHING.CO.UK
07717201972**



**BIG
Tennis
ROADSHOW
WEEKEND**
18TH & 19TH FEB

REDUCED MEMBERSHIP OFFER ALL WEEKEND!

LTA TENNIS FOR BRITAIN

FREE TENNIS TASTER SESSIONS & MORE, ALL WEEKEND
For children aged 4+ years

Please call us for more details, visit our website or just drop in over the weekend!

let's do MORE

BIG TENNIS ROADSHOW WEEKEND

LTA TENNIS FOR BRITAIN

REDUCED MEMBERSHIP OFFER ALL WEEKEND!

Come and enjoy everything we have to offer during our Big Tennis Roadshow Weekend on Saturday 18th and Sunday 19th of February 2023. Get the kids to have a go, or just pop in to see our friendly team and our fantastic facilities.

1-hour tennis session slots throughout the weekend

Saturday 18th Feb:
10 - 11am,
11:30am - 12:0pm
2pm - 3 pm

Sunday 19th Feb:
10 - 11am,
11:30am - 12:30pm

Parents are required to stay for the duration of the sessions. Hot and cold drinks are available, and our vending machines are full of snacks.

No need to book, just turn-up, plus there's FREE parking!

Fun tennis sessions, taster activities with different stations - including target games, competitions, speed monitors to see how fast your serve is, and loads **more!**

All abilities welcome and no previous experience of playing tennis is necessary.

Hosted by our own qualified coaches, plus coaches from the Lawn Tennis Association.

JOINING OFFER ALL WEEKEND!

If you come and see us over our roadshow weekend and you sign up for a tennis membership with us, you will only pay £0 until 1st April 2023.

Billesley Tennis & Fitness Centre
Wheeler Lane, Billesley, Birmingham B13 0ST
Tel: 0121 796 2221
birminghamleisure.com

Birmingham Community Leisure Trust

let's do MORE

*Terms and conditions apply. Includes adult and children's memberships.